

**FITNESS GYMNASIUM**



# Comfortable conditions with FabricAir



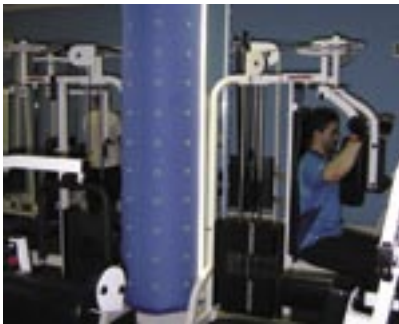
**FABRICAIR DISPERSION SYSTEM DELIGHTS GYMNASIUM  
CUSTOMERS**



# GYMNASIUM

FITNESS FIRST, COVENT GARDEN  
LONDON, UNITED KINGDOM

## FITNESS FIRST GYMNASIUM IN LONDON



### Comfortable conditions with FabricAir

Customers at a London gym are delighted with a new air conditioning system recently installed at the Fitness First gymnasium in London's Covent Garden.

FabricAir® supplied textile ventilation ducts to provide comfortable conditions in the exercise areas where a low ceiling meant that the atmosphere was previously unacceptable. By innovative use of vertical textile ducts, FabricAir® was able to provide a solution which not only ensures maximum comfort for customers but also adds a striking decorative aspect to the premises. The ducts are positioned on the structural columns which support the building and are fed with conditioned air via ductwork in the ceiling.

The columns also support illuminated full-length mirrors which provide a feeling of spaciousness, whilst the half-round textile

ducts ensure a steady stream of conditioned air to cool the members as they work out.

Fitness First is the world's second largest health club chain with 350 clubs and 870,000 members worldwide. The company's mission is to put fitness first so that members can feel good about life. Everybody is welcome and the company provides high quality, value for money facilities and services that are convenient, flexible and easy to use.

Gymnasium manager Mike Holt is delighted with the flexibility of the system. "We were supplied with spare ducts which means that we can quite simply remove ducts when they need cleaning, send them to the laundry, and use the substitute ducts until the original ones return. Members enjoy the pleasant feeling of standing in front of the mirrors to cool off as the air circulates around them," said Mike.

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End user	Fitness First gymnasium	Duct type	'D' Channels with nozzles
City	Covent Garden, London	Duct colour	Royal Blue
State	United Kingdom	Suspension	Type 11
Branch	Gymnasium	Linear feet installed	58m (22 channels x 2.6m long)
Year	2005	Total airflow	0.27m <sup>3</sup> /s per channel
Contractor	John Watson Services Ltd.	Application	Air Conditioning